


Main Meal

OPTION 1


OPTION 2



Veggies




















Filled Rolls



Sweet Treats







	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Margherita pizza & oven baked wedges 	Mixed bean bolognese with penne pasta 	Vegetable sausages with roast potatoes & gravy 	Pea-powered vegetable stir fry with carrot rice 	Vegetable nuggets, chips & tomato ketchup 
OPTION 2	Pepperoni pizza & oven baked wedges	Beef & lentil bolognese with penne pasta 	Roast gammon with roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice 	Fish fingers, chips & tomato ketchup
Veggies	Broccoli 	Carrots & peas 	Carrot & cabbage 	Broccoli & Cauliflower 	Baked beans 
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Orange jelly & mandarins 	Baked apple & cinnamon sponge 	Strawberry yogurt & strawberry sauce 

Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

Main Meal

OPTION 1

OPTION 2

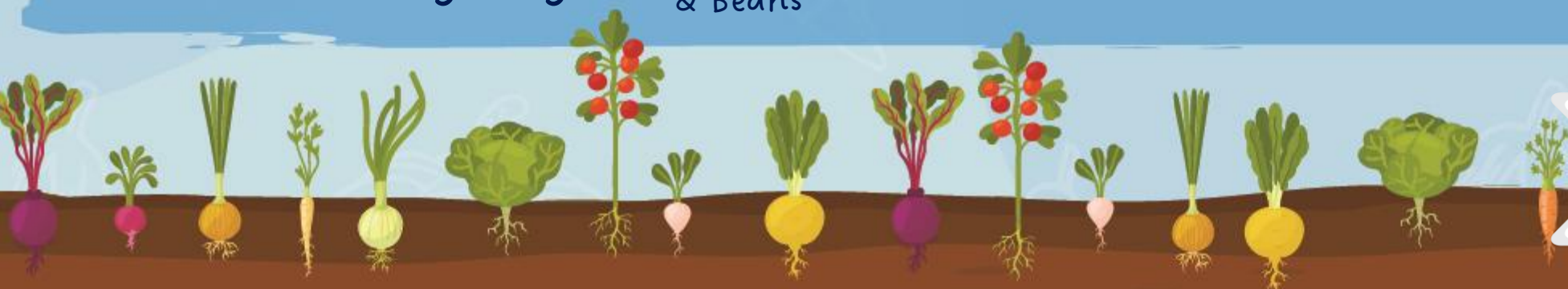
Veggies

Filled Rolls

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Lentil & sweet potato dahl with vegetable rice	Vegetable sausages, chips & tomato ketchup
OPTION 2	Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	Lemon & herb chicken with chickpeas & vegetable rice	Fish & chips with tomato ketchup
Veggies	Broccoli	Peas	Carrots & cauliflower	Selection from the salad bar	Peas
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Watermelon Wedge	Oaty apple crumble & custard	Chocolate Mousse	Carrot cake with orange glaze	Raspberry jelly & mandarins

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Wholegrain Vegetarian

Nutritionist's Choice Vegan

Main Meal

















OPTION 1

OPTION 2

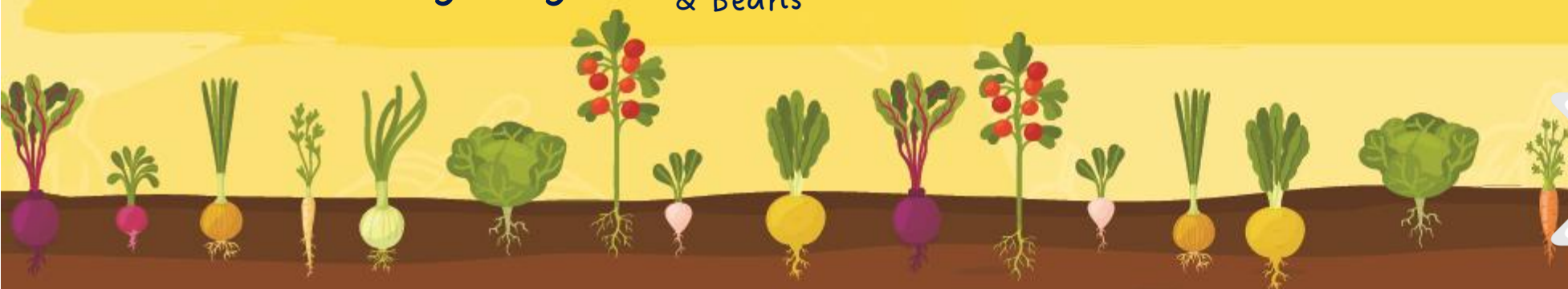
Veggies

Filled Rolls



Sweet Treats


	Monday	Tuesday	Wednesday	Thursday	Friday
Pea-powered mild chilli with rice 	Vegetable sausages & mashed potatoes with gravy 	Roast Quorn fillet with roast potatoes & gravy 	Baked creamy mac 'n' cheese 	Quorn dippers, chips & tomato ketchup 	
Mild beef & lentil chilli con carne with rice 	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup	
Sweetcorn 	Peas & carrots 	Broccoli & carrots 	Selection from the salad bar 	Baked Beans 	
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo	
Chocolate Shortbread 	Apple & summer berry crumble with custard 	Strawberry yogurt & strawberry sauce 	Raspberry jelly & mandarins 	Chocolate fruit crispie cake 	

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